

CRYSTAL SAFETY LIST

*** Do not use these stones in a bath or to charge water with. Please do your own research; this is not a complete list, so some stones may be omitted. You can find many lists on the internet with some or all of these, so check around for the safety of any crystal you may use.

Actinolite	Bastnaesite	Cuprite—Do not touch hands or mouth
Adamite	Beryl Group (Aquamarine, Emerald, Goshenite, Heliodor, Morganite)	Dioptase—Ok to touch but do not put it in water
Ajoite	Bismuth	Diaspore
Alexandrite	Boji Stones	Dumortierite
Amazonite	Brazilianite	Epidote
Amblygonite	Bronchantite	Euclase
Andalusite	Cassiterite	Feldspar Group--(Labradorite, Moonstone, Sunstone, etc)
Angelsite	Cavansite	Fiedlerite
Anorthite	Cerrusite	Fuchsite
Antlerite	Chalcanthite	Galena
Atacamite	Chalcopyrite	Garnet Group (Almandine, Andradite, Grossular, Pyrope, Spessartine, Uvarovite)
Auricalcite	Chrysoberyl	Gem Silica
Axinite	Chrysocolla	Gaspeite
Azurite	Chrysotile (Chrysotile)-- Tumbled stones are the safest option.	Gilalite (Medusa)
	Cinnabar--Wash hands after holding this one. Don't touch your eyes or mouth	Halite
	Columbite	Hematite
	Covellite	Hiddenite (Spodumene)
	Creedite - May break apart.	Idocrase
	Crocoite—Do not touch eyes or mouth.	Iolite
		Jadeite

Kyanite	Selenite	Wavellite
Labradorite	Seraphinite (Seraphinite or Serafina)	Wulfenite
Lapis Lazuli		Zircon
Lazulite	Serpentine-- wash hands after use.	Zoisite
Lazurite	Sodalite	
Lepidolite	Spinel	
Magnetite	Stibnite	
Malachite	Smithsonite	
Marcasite	Spodumene	
Mimetite	Staurolite	
Moonstone	Stilbite	
Muscovite	Sugilite	
Orpiment--HIGHLY TOXIC	Sulfur	
Pargasite	Sunstone	
Pietersite	Tanzanite	
Prehnite	Tiger Eye	
Psilomelane	Topaz	
Pyrite	Torbenite	
Quantum stone/Quantum Quattro Silica	Tourmaline	
Realgar **--HIGHLY TOXIC	Tremolite	
Ruby	Turquoise	
Sapphire	Ulexite	
Scapolite	Vanadinite	
Schorl	Variscite	
	Vesuvianite	